Ottawa's Guiding Council for Mental Health and Addictions

Introductory Statement

The Guiding Council for Mental Health and Addictions is progressing on the call to action to deeply examine our responses to community members experiencing a mental health or substance use crisis. We expect that residents of Ottawa will have equitable access to a well-resourced, non-policing, alternative mental health and substance use crisis response service. This service will be rooted in a trauma-informed, anti-racist approach. The Guiding Council Secretariat is now at the community consultation stage until the end of November.



Our Journey Includes:

1. Stakeholder Mapping

Diverse communities affected by the issue across the city of Ottawa, service providers, and frontline workers.

3. Community Engagement

We are holding consultations and 1:1 interviews and using online surveys to seek authentic engagement with diverse and marginalized voices who are most often negatively impacted by the existing crisis response system, as well as frontline workers and service providers. This work is done through a community development process that includes multistakeholder consultations. As of November 1, 2022, we have completed 18 consultations.

5. Strategy Development

We will develop recommendations and actions based on consultation feedback by:

- analyzing the results of the consultations
- validating what we heard from you
- comparing consultations results with the research
- creating a strategy report that includes recommendations for pilots

6.Business Case

A business case will provide a cost-benefit analysis of and justification for recommended pilot(s) for alternative options for crisis response

2. Established a reference group of people with lived and living experience.

The Reference Group provides expert counsel and share their insights from the much needed critical lens of lived experience. Participants represent themselves rather than an organization.

4. Research

We have examined what other cities are doing to address mental health and substance use crisis response, including Toronto, Vancouver, Niagara, Eugene, OR. Other research studies include:

- a deep dive into past 911 calls directed to Ottawa Police Services
- a literature review of existing studies



Survey for Ottawa Residents

Introduction & Consent

Ottawa's Guiding Council on Mental Health and Addictions Secretariat is conducting a survey abou and substance use crisis system and how it can be enhanced. We will develop a strategy for an all response to menal health and substance use crises. The 15 minute survey was launched on Octoo open until November 18th, 2022.

To recognize your contributions to this survey, we invite you to enter into a draw for a information will not be linked to your survey responses.

e want to sincerely thank you for participating in this survey.

The current mental health and substance use crisis responses has been shown to impact different communities, and in som cases negatively. We are looking to hear from a diverse and wide range of community voices. We encourage you to have your say to make positive change.

SONDAGE POUR LES RÉSIDENTS D'OTTAWA

Introduction et consentement

Le Secrétariat du Conseil d'orientation

de crises en santé mentale et usage de substances et sur les moyens de

octobre 2022 et est disponible jusqu'au

l'améliorer. Nous formulerons une stratégie pour une réponse alternative,

non policière, aux crises de santé mentale et l'usage de substances. Ce sondage de 15 minutes a été lancé le 18

18 novembre 2022.

d'Ottawa sur la santé mentale et les dépendances réalise un sondage sur le système d'intervention d'urgence lors

Confidentiality: Participation in this survey is strictly optional. Individual responses will only be seen by members of the Secretariat of the Guiding Council. Survey responses will be analyzed and summarized such that no one participant will be



Check out our Guiding Council members

Check out our website!

www.ottawagcmha.caQ

 \bigcirc

Complete our survey

 \bigcirc

Now Live

Keep up to date with the Ottawa GCMHA by signing up to our monthly e-newsletter.

 \bigcirc

 \bigcirc

Check out the Secretariat

team

SIGN UP



Ottawa Guing Council for Mental Health and Addictions

24/7 Crisis Re

Meet the Secretariat Team



Liz Wigfull Secretariat Director



Sahada Alolo



Saira John Research Analyst



Jessica Ryanyeninka Program Coordinator







